

PATIENT MEDICAL HISTORY & PHYSICAL SCREENING

Patient Name _____ Male Female _____ Height _____ Weight _____

Current Health Status (check one) Excellent Good Fair Poor

KNOWN ALLERGIES (Medicine) _____
(Other) _____

ADVERSE REACTIONS _____

Current Medications (list medications & condition prescribed for) _____

PRIMARY PHYSICIAN _____ **DATE OF LAST PHYSICAL EXAM** _____

Vaccinations: Smallpox DPT MMM MMM Booster
 Tetanus (last dose) _____ Hepatitis B Other _____

NUTRITIONAL ASSESSMENT

Are you currently on any **special diet**? No
 Low Salt
 Diabetic
 Other _____

Experienced any recent **weight change**? No
 Loss of _____ lbs.
 Gain of _____ lbs.

Rate your **appetite** Good Fair Poor

Is this a **change** from the usual? No Yes Explain _____

Meal Consumption:	Breakfast	<input type="checkbox"/> Good	<input type="checkbox"/> Fair	<input type="checkbox"/> Poor	<input type="checkbox"/> NA
	Lunch	<input type="checkbox"/> Good	<input type="checkbox"/> Fair	<input type="checkbox"/> Poor	<input type="checkbox"/> NA
	Dinner	<input type="checkbox"/> Good	<input type="checkbox"/> Fair	<input type="checkbox"/> Poor	<input type="checkbox"/> NA

Snacking Habits (what do you eat & when?) _____

Ever treated for **growth problems**? Now Past NA

Ever diagnosed with an **eating disorder** ? Now Past NA

SYMPTOM REVIEW / MEDICAL CONDITIONS

Indicate Below ONLY what is applicable

	Now	Past		Now	Past		Now	Past
Food Cravings	<input type="checkbox"/>	<input type="checkbox"/>	Heart Attack	<input type="checkbox"/>	<input type="checkbox"/>	Itching / Rash	<input type="checkbox"/>	<input type="checkbox"/>
Sleep Difficulty	<input type="checkbox"/>	<input type="checkbox"/>	Chest Pain	<input type="checkbox"/>	<input type="checkbox"/>	Jaundice	<input type="checkbox"/>	<input type="checkbox"/>
Headaches	<input type="checkbox"/>	<input type="checkbox"/>	Stroke	<input type="checkbox"/>	<input type="checkbox"/>	Excessive Sweating	<input type="checkbox"/>	<input type="checkbox"/>
Migraine / Tension	<input type="checkbox"/>	<input type="checkbox"/>	Nausea / Vomiting	<input type="checkbox"/>	<input type="checkbox"/>	Chronic Pain	<input type="checkbox"/>	<input type="checkbox"/>
Seizures	<input type="checkbox"/>	<input type="checkbox"/>	Abdominal Pain	<input type="checkbox"/>	<input type="checkbox"/>	Diabetes / Insulin	<input type="checkbox"/>	<input type="checkbox"/>
Dizziness	<input type="checkbox"/>	<input type="checkbox"/>	Heartburn	<input type="checkbox"/>	<input type="checkbox"/>	Asthma	<input type="checkbox"/>	<input type="checkbox"/>
Blackouts	<input type="checkbox"/>	<input type="checkbox"/>	Diarrhea	<input type="checkbox"/>	<input type="checkbox"/>	Alcoholism	<input type="checkbox"/>	<input type="checkbox"/>
Anxiety	<input type="checkbox"/>	<input type="checkbox"/>	Constipation	<input type="checkbox"/>	<input type="checkbox"/>	Drug Abuse/Addiction	<input type="checkbox"/>	<input type="checkbox"/>
Depression	<input type="checkbox"/>	<input type="checkbox"/>	Irregular Bleeding	<input type="checkbox"/>	<input type="checkbox"/>	Neurological Disease	<input type="checkbox"/>	<input type="checkbox"/>
Eye Problems	<input type="checkbox"/>	<input type="checkbox"/>	Painful Menstruation	<input type="checkbox"/>	<input type="checkbox"/>	Irritable Bowel / Colitis	<input type="checkbox"/>	<input type="checkbox"/>
Hearing Problems	<input type="checkbox"/>	<input type="checkbox"/>	Vaginal Discharge	<input type="checkbox"/>	<input type="checkbox"/>	Fatigue / Exhaustion	<input type="checkbox"/>	<input type="checkbox"/>
Ear Infections	<input type="checkbox"/>	<input type="checkbox"/>	Breast Lumps	<input type="checkbox"/>	<input type="checkbox"/>	Grinding Teeth	<input type="checkbox"/>	<input type="checkbox"/>
Sinus Infections	<input type="checkbox"/>	<input type="checkbox"/>	Burning Urination	<input type="checkbox"/>	<input type="checkbox"/>	Stiff / Painful Neck	<input type="checkbox"/>	<input type="checkbox"/>
Frequent Nose Bleeds	<input type="checkbox"/>	<input type="checkbox"/>	Penis Discharge	<input type="checkbox"/>	<input type="checkbox"/>	Thyroid Problems	<input type="checkbox"/>	<input type="checkbox"/>
Speech Difficulties	<input type="checkbox"/>	<input type="checkbox"/>	Bladder Infections	<input type="checkbox"/>	<input type="checkbox"/>	Kidney Disease	<input type="checkbox"/>	<input type="checkbox"/>
Swallowing Difficulties	<input type="checkbox"/>	<input type="checkbox"/>	Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Shortness of Breath	<input type="checkbox"/>	<input type="checkbox"/>	Joint Pain / Swelling	<input type="checkbox"/>	<input type="checkbox"/>	(Type):		
Persistent Cough	<input type="checkbox"/>	<input type="checkbox"/>	Tumors	<input type="checkbox"/>	<input type="checkbox"/>	Bed-wetting	<input type="checkbox"/>	<input type="checkbox"/>
Smoker # Packs Day	<input type="checkbox"/>	<input type="checkbox"/>	Paralysis	<input type="checkbox"/>	<input type="checkbox"/>	Soiling	<input type="checkbox"/>	<input type="checkbox"/>
High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	Loss of Sensation	<input type="checkbox"/>	<input type="checkbox"/>	Ticks / Twitches	<input type="checkbox"/>	<input type="checkbox"/>
			Hair Pulling / Twisting	<input type="checkbox"/>	<input type="checkbox"/>			

REPRODUCTIVE HEALTH

List age of Onset for Puberty _____ NA Menopause _____ NA

of Pregnancies _____ # of Births _____ # of Miscarriages _____

of Stillborn _____ # of Terminations _____

Patient Name

SURGERIES / HOSPITALIZATIONS

REASON	YEAR	AGE	REMARKS
1.			
2.			
3.			
4.			

FAMILY MEDICAL HISTORY

(Note relationship: Mother, Father, Maternal Grandmother, Uncle etc.)

PROBLEM	YES	NO	WHOM	PROBLEM	YES	NO	WHOM
Alcohol / Drugs	<input type="checkbox"/>	<input type="checkbox"/>		Seizures	<input type="checkbox"/>	<input type="checkbox"/>	
Cancer	<input type="checkbox"/>	<input type="checkbox"/>		Hypertension	<input type="checkbox"/>	<input type="checkbox"/>	
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>		Heart Problems	<input type="checkbox"/>	<input type="checkbox"/>	
Depression	<input type="checkbox"/>	<input type="checkbox"/>		Stroke	<input type="checkbox"/>	<input type="checkbox"/>	
Suicide	<input type="checkbox"/>	<input type="checkbox"/>		Thyroid	<input type="checkbox"/>	<input type="checkbox"/>	
Anxiety	<input type="checkbox"/>	<input type="checkbox"/>		Obesity	<input type="checkbox"/>	<input type="checkbox"/>	
Psychiatric Care	<input type="checkbox"/>	<input type="checkbox"/>		Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	
Allergies	<input type="checkbox"/>	<input type="checkbox"/>		Other	<input type="checkbox"/>	<input type="checkbox"/>	

Please list any additional significant information including past medical diagnoses & treatment

Completed by: (Patient / Parent Name) _____ Date _____

TO BE COMPLETED BY THE REVIEWER

Reviewed By _____ Date _____

Additional Information Needed NO YES

PATIENT IS RECOMMENDED TO FOLLOW UP WITH PEDIATRICIAN / PRIMARY CARE PHYSICIAN FOR EVALUATION & TREATMENT OF _____

(Physical / Medical Condition or Symptom(s))

NA

Patient Name

CHILD / YOUTH PHYSICAL HEALTH ASSESSMENT

Please tell us if you now have or ever had concerns about your child's functioning in any of the following areas:

- ◆ **motor** development NO YES _____
(please specify what your concern is / was)
- ◆ **sensorimotor** functioning NO YES _____
(please specify what your concern is / was)
- ◆ **speech** functioning NO YES _____
(please specify what your concern is / was)
- ◆ **hearing** functioning NO YES _____
(please specify what your concern is / was)
- ◆ **language** functioning NO YES _____
(please specify what your concern is / was)
- ◆ **visual** functioning NO YES _____
(please specify what your concern is / was)
- ◆ **immunization** status NO YES _____
(please specify what your concern is / was)
- ◆ **oral health & hygiene** NO YES _____
(please specify what your concern is / was)

Parent is recommended to follow up with a specialist for additional in-depth screening / assessment for

- motor development
- sensorimotor functioning
- speech functioning
- hearing functioning
- language functioning
- visual functioning
- immunization status
- oral health

NA to all of the above – no external referrals warranted

Patient Name